



SOUL COLLECTIVE YOGA

Bookings Text/Call 0435 171 169  
 Casual class pass \$20 10xClass Pass \$180

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7am							
8am							Yin Yang 1 hour
9.30am	Ashtanga Vinyasa Foundations 75 minutes (starts Sept 10)	Restorative Flow and Yin Aerial 1 hour	Hatha 1 hour		Gentle Floor Flow 1 hour	Introduction to Yoga 4 wk course Starts Sept 8	
11am					Mums & Bubs 1 hour		
12.15pm		Aerial 45 mins	Hatha 45 mins				
4pm							Sound Healing/Donation Class 1 hour (alternating weeks)
5pm				Aerial 1 hour			
6pm	Aerial Basics 1 hour	Yin 1 hour					
6.30pm			Sound Healing 1 hour				



Studio: 1/9 June Avenue Dromana  
[www.soulcollective.info](http://www.soulcollective.info)